1. DO NOT treat every other lesbian as a potential enemy or potential lover.

2. DO NOT allow emotion to dispel reason even when faced with the worst situation.

3. DO NOT initiate, tempt or convert the young and inexperienced unless you can take full responsibility later.

4. DO NOT EVER BREAK INTO A PAIR, wait until they've broken themselves, without your assistance, if they intend to break up.

5. DO NOT mistrust everyone all the time, even if you have been let down. We have all suffered this at sometime.

6. DO NOT forget you are a member of the human race first, secondly a woman and only THIRDLY a lesbian.

7. DO BE thankful for what you have, some of which are as follows:- good health, a loving good partner, a good job, and a good home; in most cases you can control all these, according to the way you choose to live ... alcohol and heavy smoking do not improve the health.

8. DO BE cheerful and try to take yourself lightly once in a while, you are not the only one feeling lonely/unloved/or unlucky.

9. DO TRY to accept yourself, and do not try to ape the male sex all the time, just be yourself, and do your THING, and remember being GAY can be fun.

10. DO NOT dam an old friend for ever, did she commit such a crime, was it not your fault half of the time, if you "give a dog a bad name" in the Gay world it seems to stick. So DO NOT BELIEVE evil of anyone just because someone said something unkind, and do not speak evil of anyone. "HEAR NO EVIL - SPEAK NO EVIL - SEE NO EVIL."